Created by Melissa Taylor ImaginationSoup.net

Heart Mapping

Georgia Heard, Awakening the Heart

Materials:
paper
writing and drawing tools

Directions:
Draw a large heart on your paper.

Within the heart, you can create spaces for things that are important to you - people, places, activities, and memories.

Heart mapping design is entirely up to your imagination. After all, **it is *your* heart**.

Questions to get started:

1. What makes you happy?

2. What do you love?

3. What is the most fun you have ever had?

4. What memory is your favorite?

5. What things or objects are important to you?

6. What things in your heart are sad? Make you cry?

7. What secrets are in your heart?

8. What are your favorite things, toys?

9. What activities do you love?

Draw, design, and write.